

4MORE

Date: Sunday 27 January 2019

Title: Fill Up and Spill Out

Reading: Titus 3:1-8

1. How do you explain the Holy Spirit to someone who has never heard of Him? How do, Genesis 1:2, Luke 4:14-21 and John 14:16-17 add to your understanding of who He is and help to explain what He does? How have you experienced the Holy Spirit's power?

The Spirit has gifts to give us and fruit to grow in us. Here are three characteristics of God to consider as you grow to look more like Jesus.

2. IMMENSE PATIENCE: 1 Timothy 1:12-17. How do you feel about God's immense patience with you? How patient are you? Do you find it easy to go at someone else's pace? How can you leave a margin in your day so that you can respond to the Spirit's nudge to walk with someone and be a witness to them?
3. UNFAILING KINDNESS: Jeremiah 31:3-4. How 'kind' has God been to you? Have you had a time in your life when God's kindness drew you back and built you up again, helped you to sing and dance again? How does Titus 3:4-6 apply to your life and make you feel? How might you help someone who is carrying a heavy weight right now? How can you witness to how God has shown His kindness towards you?
4. ABUNDANT GOODNESS: Psalm 145:3-9. God longs for us to be good and do good. READ Isaiah 6:1-7. God touched Isaiah's lips – made him good! Jesus touched people and healed them, set them free, made them good again! How have you experienced God's goodness? READ Ephesians 2:10. What 'good works' has God prepared for you to do? Who will you serve?

Go on being filled with the Spirit (Ephesians 5:18) so that you can spill out immense patience, unfailing kindness and abundant goodness.

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