

Week 2: the Love APP  
Date: Sunday 8<sup>th</sup> May 2011  
Reading: Matthew 22:34-40

**‘Application is Everything’** (Mt 7v24 & James 1v22)

Does this apply to every aspect of the Christian faith?

**Loving God and loving your neighbour are the two greatest commandments.** (Mt 22v34-40)

How might we avoid approaching these commands as laws to ‘obey’ or ‘experiences’ to chase? Have you ever found yourself viewing love for God and others in these terms?

**We are called to train not try.** (Lk 4v40 & 1 Tim 4v7)

*Dallas Willard writes “To train means to ARRANGE my life around activities I can do that will enable me, over time, to do what I cannot do by direct effort alone”*

Who is it easier to love, God or others? What stops us training in regards to these two commandments? How do we ensure we keep loving?

**Listening, using touch and speaking words of love are simple things we can train ourselves in to love more.**

Are there any training ideas you can suggest to help us love God and others better? Do they work?